

FOUR YEAR PROGRAMME FOR YOUNG PEOPLE

THEME	YEAR 1	YEAR 2	YEAR 3	YEAR 4
Family Sunday	Sunday before Christmas and takes 4/5 sessions to prepare (see 'Christmas Programmes with a Twist' for ideas)			
All Age Meeting	3 rd Sunday in March and takes 4/5 sessions to prepare			
Quakers / Quakerism				
Irish Quakers (2)	Bewley / travellers R*7	Jocelyn Bell / Q scientists R*1	M. Barrett, Joyce Neil, A Grant	Richardson's / Grubb / Bessbrook R*12
Quaker Figure (1)	George Fox R*1	William Penn R*2	Mary Fisher R*1	Bayard Rustin R*1
Testimonies (1)	Peace R*6	Simplicity R*4	Truth / Integrity R*3	Equality R*3
Quaker organisation (1)	Quaker's in Ireland	Q publications / websites	Business meetings R*8	World family of Friends R*9
Quaker meetings (1)	Silence R*12	Meeting for worship (both groups) R*6 + ministry (older gr)	Why come to meeting R*5	Advice and Queries R*7
Quakers in the World (1)	Boliva R*13	Russia R*7	South Asia R*6	South Africa R*5
Relevance today (2) – session 1 about the Quaker figure and their work; session 2 relevance today	Elizabeth Fry / prison work today R*2	Lucretia Mot / equality of women R*9	Luke Howard / Clouds and weather R*2	John Woolman / slavery, Underground railroad R*2
Bible (3)	Jesus – who was he R*3	New Testament R*11	Old Testament R*11	The bible – what is it? R*11
Quaker topic (2)	Quaker Tapestry R*5	Pilgrimage R*8	Env/sustainability R*7	Q concern for animals R*6
Wider World				
International figure (1)	Martin Luther King R*8	Gandhi / Rigoberta Menchu R*3	Nelson Mandela R*9	Mother Teresa R*8
Other faiths (2 including speaker or visit)	Judaism	Buddhism	Hinduism	Islam
Fundraising activities (3)	Raising money for chosen charity	Raising money for chosen charity	Raising money for chosen charity	Raising money for chosen charity
Christian denominations (1) (could be a visit)	Church of Ireland	Presbyterian	Baptist / Methodist	Roman Catholic
Fun				
Yoga / Meditation R*14/Sing	Aim for one a term	Aim for one a term	Aim for one a term	Aim for one a term
Gardening	3 sessions	3 sessions	3 sessions	3 sessions
Group agreement	First session of year	First session of year	First session of year	First session of year
Games / bonding	At least one a term R*4	At least one a term R*5	At least one a term R*4	At least one a term R*4
Art and craft activities (O/ G - Journey's Youth ed. or tea and toast	At least one a term	At least one a term	At least one a term	At least one a term
Cooking	Joint activity at end of year	Joint activity at end of year	Joint activity at end of year	Joint activity at end of year
Senses (1)	Touch R*15	Smell / Taste R*16	Hearing R*15	Sight R*15

This is an initial four year programme that is going to be used with the young people to ensure that during their time at meeting they learn, develop and have fun in a constructive way. Our young people are the Quakers of the future. The Youth Committee hope this programme will equip them with the knowledge and skills they need to nurture their spiritual growth, enable them to take their faith forward and begin their own exciting spiritual journey.

The references in [blue](#) link to the resource lists.

The number in brackets indicates the number of sessions to allocate.

RESOURCES TO SUPPORT PROGRAMME

Where to look:

There are now resources to support the majority of sessions in the four year programme.

1. Books / Pamphlet / Resource packs:

These are available in the Library. The material for young people is held on dedicated shelves and can be identified by a blue dot on the spine. They are listed on the catalogue and can be identified by the keyword 'Resource – young people'.

Remember – Please check out anything you borrow and return to the library books return basket

2. There is binder 'Testimonies – Living as a Quaker' which contains a wealth of support material and ready made hand-outs for photocopying etc.

3. Quakers in Britain produce 'Journeys in the Spirit' – these are produced monthly and offer fully worked out yet adaptable programmes to use with young people. They have been used extensively in the Four Year Programme and can be found at the following website:

<http://www.quaker.org.uk/journeys/archive-children> - Referenced as Journeys Issue x

<http://www.quaker.org.uk/archive-youth> - Referenced as Journeys (Y) Issue x

4. <http://www.quakersintheworld.org>

This is a website describing as many as possible of the different things Quakers/Friends have done, and are doing, all over the world. Many other sites contain more detailed information and users are directed to these more specialised sites for greater detail. It contains a database: [Ideas for Educators](#) You can search this area by topic, by educational setting, and by age group. It is worth checking out when preparing a topic.

5. Philadelphia Yearly Meeting have an extensive range of R.E. resources – follow the links:

<http://archive.pym.org/education/children/index.htm>

<http://archive.pym.org/education/capsules/content.htm>

<http://archive.pym.org/education/capsules/alphabetical.htm>

Resources for Year 1

N.B. Red numbers and letters tell you where to find the resource on the young peoples resource shelves in the library

- *1 Library see - Play in 'Quiet Heroes' **92 BAR**; lesson plan in 'Quakers 1 and 11' **10 SNY**; book 'Friend - story of George Fox' **92.2 FOX**; Journeys Issue 53
- *2 Library see – **92.4 FRY** 'Elizabeth Fry and prison reform' – a folder; other books / pamphlet; Play in 'Quiet Heroes' **92 BAR**; Journeys Issue 35
- *3 'Jesus who was he?' Mary Snyder (Megan C's); new children's Bible in play room; young peoples Bible with lots of inserts and 'Meet Jesus' by Turtle Gunney in Library **225 GUN**; *Teaching children about Jesus I and II* by Caldwell (see <http://archive.pym.org/education/capsules/alphabetical.htm> or Megan C has download and can email); Journeys Issue 63 may have some material
- *4 Spirit games; Self Esteem Games; Attention games – three books by B. Sher in the Library **40 SHE & 40 WIS**
- *5 Library see - Colouring resource pack **97 QTS**; DVD; postcard collection; 'The Quiltmaker's Gift' **50 BRU** by Brumbeau a story for younger ones. Journeys Issue 39; 'Pictorial guide to the Quaker Tapestry' **97 QTS** in the adult collection
- *6 Journeys Issues 8/13/19; In the Library see the 'Peace kit' J Lampen **14 LAM**; 'Praying with our feet' by Weaver **51.5 WEA**; Story 'Playing war' by K Beck **51.5 BEC**; 'Plant a seed of Peace' a collection of stories by R. Seiling **14 SEI**; 'Anatomy of War (a study guide for young people)' aimed at older group **51.5 WGM**; 'Engaging with the Quaker Testimonies: a tool kit' **10 TES**; 'Young peacemakers project book' **51.4 FRY**; in the library for 0-6 'A book about P.E.T.S: based on the principles of Peace, Equality, Truth and Simplicity' **10 MCN**
- *7 Journeys Issue 5 on equality; Bewley in 'The Friendly guide to Quakerism' **10 CAM** and Biography of Victor Bewley by F Murdoch in Library
- *8 In Library see 'Martin Luther King: Famous Lives' by V. Wilkins and 'Martin Luther King' by Anna Claybourne **92.3 KIN**
- *9 'All About ourselves' – Library **40 GOO**
- *10 In the Library see - 'All Kinds of Belief' **20 DAM**; 'Faith' by Ajmera **200 AJM**
- *12 Books in library - 'In and out of silence' **15 BRI**; 'Don't just do something sit there' **15 STO**; 'Opening Doors to Quaker worship' **15 FGC**; 'The worship Kit'. **15 LAM** Journeys Issue 12
- *13 Bolivia – Journeys Issue 34
- *14 Library see – 'Peaceful piggy meditation'; 'Peaceful Piggy yoga' by MacLean **40 MAC** – useful for doing yoga with the little ones / middle group.
- *15 Journeys issue 66; 'All About ourselves' – Library **40 GOO**
- *16 Journeys issue 74 – How can I talk about being a Quaker; Library 'Living as a Quaker' **14 FRI** (ring binder)
- *17 Journeys issue 85 – Quaker, work and business: a chocolate maker

LINK FOR - JOURNEYS IN THE SPIRIT:

<http://www.quaker.org.uk/journeys/archive-children>

NB – Sometimes the current and most recent issues are not available but I subscribe to this so can forward the documents.

Resources for Year 2

- *1 Library see – ‘*Jocelyn Bell Burnell*’ by S. Montgomery **92.4 BUR**; do a web search; Journey’s issue 58
- *2 Library see – Plays in *Peaceful Heroes I and II* **92 REG**; Play in spiral bound book **92 BAR** E. Barnes ‘*Quiet Heroes*’; ‘*William Penn*’ by Somerville **92.1 PEN**; ‘*William Penn – Founder of Pennsylvania*’ by Jacobson **92.1 PEN**
- *3 Library see - Play in ‘*Peaceful Heroes II*’ **92 REG**; ‘*Gandhi – India’s great soul*’ by M. Shaw and ‘*Gandhi*’ by Wilkinson both at **92. 3 GAN**
- *4 Journeys Issue 4; In the Library - useful ideas in ‘*Gandhi – India’s great soul*’ by M. Shaw **92. 3 GAN**; ‘*Engaging with the Quaker Testimonies: a tool kit*’ **10 TES**; for younger ones read story ‘*The Quiltmaker’s gift*’ by Brumbeau **50 BRU**; in the library for 0-6 ‘*A book about P.E.T.S: based on the principles of Peace, Equality, Truth and Simplicity*’ **10 MCN**
- *5 Spirit games; Self Esteem Games; Attention games – three books by B. Sher in resources library **40 SHE**
- *6 Journeys Issue 14
- *7 Journeys Issue 29; in Library ‘*Past in Prologue 1868-1968: 100 years of Quaker work overseas*’ **97 MIL**
- *8 Journeys Issue 41; Journeys (Y) Issue 11
- *9 In Library see ‘*Lucretia Mott*’ by D Sterling **92.4 MOT** ; Journeys Issue 56
- *10 In Library see ‘*All Kinds of Belief*’ **200 DAN**; ‘*Faith*’ by Ajmera **200 AJM**
- *11 May be useful - new children’s Bible in play room; young peoples Bible with lots of inserts and ‘*Meet Jesus*’ by Turtle Gunney in Library **225 GUN**; *Teaching children about Jesus I and II*’ by Caldwell (see <http://archive.pym.org/education/capsules/alphabetical.htm> or Megan C has download and can email); in the Library ‘*Atlas of the bible lands*’; Journey’s issue 61 (lost sheep and the lost son), 63 (meet Jesus: the great picnic, feeding the 5000) (No 63 referenced for Year 1 too so check not already covered); ‘*Family Time: simple prayers, life lessons and devotions for learning with Children*’ in the Library **220 CIP**
- *14 In Library see ‘*Peaceful piggy meditation*’; ‘*Peaceful Piggy yoga*’ by MacLean – useful for doing yoga with the little ones / middle group. **40 MAC**
- *15 Quakers in the world: <http://www.quaker.org.uk/archive-youth> Journeys Youth series Issue 8
- *16 Journeys issue 67 /69; ‘*All About ourselves*’ – Library **40 GOO**

LINK FOR - JOURNEYS IN THE SPIRIT:

<http://www.quaker.org.uk/journeys/archive-children>

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Resources for Year 3

- *1 In Library see Play in *'Peaceful Heroes I'* and a section on Mary Fisher in *'Quakers I and II'* (Sheets held together by split pin)
- *2 Journeys Issue 40; *'The Man who named the clouds'* by Hannah, book in the Library
- *3 Journey Issue 7; *'Truth in Action'* (Test. Teaching aid) in Library or see <http://archive.pym.org/education/capsules/alphabetical.htm> or Megan C. has downloaded and can email; also in the Library *'Engaging with the Quaker Testimonies: a tool kit'*; in the library for 0-6 *'A book about P.E.T.S: based on the principles of Peace, Equality, Truth and Simplicity'* 10MCN
- *4 Spirit games; Self Esteem Games; Attention games – three books by B. Sher in the Library
- *5 Idea suggestion – week before organise young people to go round after meeting and ask people why they come to meeting, write it down / leave out slips for a couple of weeks for people to fill in. Collect these and type them up for the session – get the young people to read them and group them together, stick on sheets, add other things and feed back / display to meeting. Both middle and older groups can do this (if separately then do ground work together and whoever types up results send to other person.)
- *6 Journeys Issue 22/24; In the Library *'Past in Prologue 1868-1968: 100 years of Quaker work overseas'*
- *7 Journeys Issue 6; In the Library see *'Sustainability Toolkit'* with accompanying DVD; *'Green bible stories for children'* by Wilzig in Library 220 WIL; Journeys (Y) Issue 12 [<http://www.quaker.org.uk/journeys-youth-12-resources-1>]
- *8 In Library see Print out *'Shaking out the Truth'* – chapter on Business meetings (also on PYM website, <http://archive.pym.org/education/capsules/alphabetical.htm> or Megan has download and can email); Journey's issue 83, 84, 86
- *9 In Library see *'Nelson Mandela'* by Adi and *'Long Walk to Freedom'* by Nelson Mandela
- *10 In Library see *'All Kinds of Belief'*; *'Faith'* by Ajmera
- *11 Children's Bible in the playroom; in the Library a young peoples Bible with lots of inserts; also see *'Teaching the Old Testament to Quaker Children'* (available on <http://archive.pym.org/education/capsules/alphabetical.htm> or Megan C has download and can email); in Library *'The bible book – Old Testament'* and *'Atlas of the bible lands'*; ; Journey's issue 60 (on creation story); Issue 62 (David and Goliath); Issue 64 (Moses); *'Family Time: simple prayers, life lessons and devotions for learning with Children'* in the Library 220CIP
- *14 See in the Library *'Peaceful piggy meditation'*; *'Peaceful Piggy yoga'* by MacLean – useful for doing yoga with the little ones / middle group.
- *15 Senses – Journey's issues 68; *'All About ourselves'* - Library

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Resources for Year 4

- *1 Journeys Issue 42; Library see book '*We are one – the story of Bayard Rustin*' By Brimmer and '*Lives that speak: stories of Twentieth Century Quakers*'
- *2 Journeys Issue 36 / 37 and Journeys (Y) Issue 2; in the Library see '*Peaceful Heroes I*' play titled '*Tomahawk*'; pamphlet/book '*Some stories about John Woolman*'; '*Quakers I and II – John Woolman and the bird / John Woolman listens to God*'.
- *3 Journeys Issue 5; In the Library see the book – '*Lighting Candles in the Dark*' and '*Engaging with the Quaker Testimonies: a tool kit*'; in the library for 0-6 '*A book about P.E.T.S: based on the principles of Peace, Equality, Truth and Simplicity*' 10MCN
- *4 Spirit games; Self Esteem Games; Attention games – three books by B. Sher in the Library
- *5 Journeys Issue 15; In the Library see '*Past in Prologue 1868-1968: 100 years of Quaker work overseas*'
- *6 Journeys Issue 30; Quaker Tapestry calander 2013 in the library
- *7 Journeys Series 5 Issues 44-49
- *8 In Library see '*Mother Teresa*' by M. Gold
- *9 Journeys Issue 11 may be useful; also Journeys Issue 11 Quaker United Nations Office
- *10 In the Library see '*All Kinds of Belief*'; '*Faith*' by Ajmera
- *11 Young peoples Bible with lots of inserts in the Library; in the Library '*Atlas of the bible lands*'; Journey's issue 59
- *12 In the Library see '*The Irish Quakers*' by Maurice Wigham; also material on Wikipedia
- *14 See in the Library - '*Peaceful piggy meditation*'; '*Peaceful Piggy yoga*' by MacLean – useful for doing yoga with the little ones / middle group.
- *15 Senses – Journeys Issue 70; '*All About ourselves*' - Library

LINK FOR - JOURNEYS IN THE SPIRIT:

<http://www.quaker.org.uk/journeys/archive-children>

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LITTLE ONES

Where possible the little ones will do an age appropriate activity that ties into what is happening for the middle and older groups. However this is not always possible and a list of alternative ideas is appended.

Ideas list for little ones

Bible sessions: [R- *3 Year 1](#)

1. Parables (year 1);
2. Loaves and fishes (Sharing)/ Zacchaeus (equality)/ Prayers (year 2);
3. In the beginning / Noah / Samuel in the temple (year 3);
4. Other well known stories / parables

Book '*All about ourselves*' see [R *9 Year 1](#) which has brilliant ideas for session on Hands, Feet, Senses etc.

Journeys in the Spirit 0-4 yr olds: <http://www.quaker.org.uk/journeys/special-issues-children>

There are number of story books, bibles, craft / games books in the Library including:

- Spirit games; Self Esteem Games; Attention games – three books by B. Sher
- '*Peaceful piggy meditation*'; '*Peaceful Piggy yoga*' by MacLean – useful for doing yoga with the little ones / middle group.
- '*All Kinds of Belief*'; '*Faith*' by Ajmera – look at other faiths for younger ones
- '*The Quiltmaker's Gift*' by Brumbeau
- '*A book about P.E.T.S: based on the principles of Peace, Equality, Truth and Simplicity*' 10MCN

Get Messy: This is the new four-monthly magazine produced from Messy Church, which is an alternative approach to church that brings adults and children together in an informal creative environment. Each issue contains four session outlines (one per month), including planning sheets and take-home handouts, together with information on the latest resources and events. Other features include a youth column and stories from Messy Churches around the world.

For more details go to www.barnabasinchurches.org.uk/9780857462589/ <http://www.barnabasinchurches.org.uk/>

OTHER EVENTS

The Youth Committee aims to also organise the following activities during the year. Not all of these will necessarily happen every year and it is not an exhaustive list.

Social outing for the older group

Christmas party

Christmas Theatre trip

Family Sunday

All Age meeting

A summer outing during term 3

Camping / night away at the beginning of term 1

Fundraising events i.e. – quiz, soup lunch, sponsored activities etc.

End of year picnic

Megan Corrigan
Youth Committee
August 2012